



Daily Class Schedule

1. **8:00 AM:** Wake Up
 2. **9:00 - 10:00 AM:** Breakfast
 3. **10:00 AM - 12:30 PM:** Classes
 4. **12:30 - 1:30 PM:** Lunch
 5. **1:30 - 4:00 PM:** Classes
 6. **4:00 - 5:00 PM:** Free Time & Individual Tutoring Sessions
 7. **5:00 - 6:30 PM:** Dinner
 8. **6:30 - 10:00 PM:** Activities & Free Time
 9. **10:00 - 11:00 PM:** Prepare for Bed & Free Time
 10. **11:00 PM:** Lights Out
-

Class Academic Outline

Academic Day 1

- **Morning:**
 - Group Ice Breakers & Introductions (Indoor Beach Ball Game, Name-tags, Name Associations)
 - SAT Overview: Test-taking Strategies, English word-games, Vocabulary flashcards
 - **Afternoon:**
 - College Essay Writing Introduction
 - Quick Essay Practice (Topic: "What does the US mean to you personally, and/or to the world?")
 - Leadership Focus: Mastery of Communication
 - **Experiential Exercise:** Reflective Listening (Instructor demonstrates and students practice in pairs)
 - Debrief (Group discussion)
-

Academic Day 2

- **Morning:**
 - Group Ice Breaker Activity
 - SAT Test-Taking Strategies Overview
 - SAT Practice Test (English Portion, Part 1)



- **Afternoon:**
 - SAT Test Practice Test (English Portion, Part 2)
-

Academic Day 3

- **Morning:**
 - Group Ice Breaker Activity
 - SAT Debrief (Review questions and observations)
 - Career Spotlight Interview (Guest Speaker, brainstorm questions)
 - Creative Writing: Picking the Perfect Word (Synonyms & The Art of Description)
 - Group Brainstorm: "What are you passionate about?"
 - **Afternoon:**
 - Discussion: "How to make writing a joy, not a burden"
 - **Experiential Exercise:** The Urgent Need to Communicate
 - Pictionary & Gestural Communication Activity
 - Debrief (Group reflection)
 - Essay Practice: "What are you passionate about?"
 - SAT Test Strategies: Practice Sections with Results
-

Academic Day 4

- **Morning:**
 - Reading Comprehension: Sentence Breakdown Technique (Independent Clauses)
 - SAT Reading Comprehension Test Section & Scores
 - Career Spotlight Interview (Guest Speaker, brainstorm questions)
 - **Afternoon:**
 - SAT Reading Section Strategies (Multiple choice questions)
 - Business Leadership: Entrepreneurs Day Exercise (Product Development: Brainstorm, Name, Price, Market)
 - Group Presentations (Each group presents their product ideas)
-

Academic Day 5

- **Morning:**
 - SAT Skills Review: Sentence Breakdown & Vocabulary Games (Wordle)
 - Vocabulary Flashcards (Pair Exercise)
 - Building English Vocabulary & Fiction Reading for Memory



- Leadership Focus: Public Speaking (Discussion and Demonstration)
 - **Afternoon:**
 - New York City Research Exercise (Group mini-projects on topics like population, economy, history, landmarks)
 - Career Spotlight Interview (Guest Speaker)
-

Weekend Activities

- **Saturday & Sunday:** Sightseeing and Adventures
-

Academic Day 6

- **Morning:**
 - **Experiential Exercise:** Reflective Listening (Instructor Demonstration & Student Practice)
 - SAT Test-Taking Skills Review & Practice
 - **Afternoon:**
 - Essay Writing Exercise: "If I could make one law or develop one program to improve life for people, this is what I would do."
 - Political Leadership: Mock Congress or Parliament (Propose, Present, and Vote on Laws)
 - Grammar Review: 10 Essential Rules for SAT
 - SAT Reading Comprehension Breakdown & Strategies
-

Academic Day 7

- **Morning:**
 - Ice Breaker Activity
 - Leadership Group Dynamics Activity: Straw Tower Building (Silent Teamwork Exercise)
 - Debrief: Roles in Leadership (Initiator, Encourager, Facilitator, Harmonizer, Compromiser)
- **Afternoon:**
 - Role-play Activity: English Comprehension Exercise
 - Campus Treasure Hunt (Teams follow written clues and complete tasks around campus)
 - SAT Test-Taking Strategies (Trick Questions and Key Word Identification)



- SAT Sample Test Practice with Results
-

Academic Day 8

- **Morning:**
 - US & European Colleges Overview (Ivy League, Public Ivies, College Rankings)
 - Movie Clips for English Comprehension (Group Analysis & Discussion)
 - Leadership Focus: Public Speaking skills exercise: Guided visualization to become aware of the physical steps (breathing and body awareness), attitude, and mental approach that is effective when public speaking and presenting.
 - **Afternoon:**
 - **English SAT Prep:** There are some illogical rules of grammar, and pronunciation in English. Examples. It's not you it's the language. If your Georgian, you must be a genius to speak your language.
 - To be determined (SAT Math prep may be added by request).
 - Leadership Focus: Business. What are some of the pros and cons of the US business environment and the role of the US in the world economy, especially in comparison to Georgia and Europe? Discussion, brainstorming.
-

Academic Day 9

- **Morning:**
 - SAT Prep Follow-up resources, for self-study at home. Where to find free SAT tests online, etc.
 - Leadership Focus: Self-awareness. What are its components, how do we define this? Skills and strategies for self-awareness. Take 15 minutes and do a quick journal writing of how you are feeling right now: What to write about? Here are some suggestions: thoughts, observations, questions, goals, concerns, fears, hopes, expectations. Additional Experiential Exercise for demonstration.
 - To be determined (SAT Math prep may be added by request), or additional English SAT prep focus.
- **Afternoon:**
 - To be determined (SAT Math prep may be added by request), or additional English SAT prep focus.



- Leadership Focus: Respect, manners, etiquette. Why are these important in leadership? Why respect other people? Discussion. Examples, stories from students. Role-play exercise: Same situation, same “problem”, 1 example where someone shows respect, tact, compassion, another example where someone acts rudely, disrespectfully. Possible consequences to each type of behavior? Discussion.
 - Career Spotlight: Group brainstorms interview questions and students help interview today’s guest.
-

Day 10: Graduation Day

- **Morning:**
 - Individual work on Digital Portfolio, Certificate of Accomplishment
 - Writing, sharing exercise: 15-20 minutes: Write about your Goals, hopes, dreams, in the next year and more, after high school, after college. Share with the group.
 - Leadership Focus: Building Relationships. How to develop allies, friends, collaborators. What are different types of relationships? Discussion.
 - **Afternoon:**
 - Individual Awards Ceremony (Personalized Recognition)
 - Student Feedback Questionnaires: Suggestions for Improvement
 - Fun and games, with food and snacks.
 - Quiz for fun on American culture, plus name that celebrity, musician, actor, etc.
 - First round of good-byes (“farewells”), before second round of good-byes (“farewells”) in the evening, before the last day of fun adventure on Saturday, before Sunday departure back home on Sunday, August 17th.
-

Notes

- Each day includes a balance of class-based learning, experiential exercises, guest speakers, and SAT test preparation.
- Activities and exercises are designed to build leadership, communication, and academic skills.
- The final day celebrates students' achievements with individual awards, a party, and feedback sessions.